



What you Need

- Outer fabric and lining fabric preferably cotton.
- Fold over elastic.

Cutting

- **Regular size** (female) cut one outer and one lining fabric 6 x 7½" and one 27" piece of fold over elastic.
- **Large Size** (male) cut one outer and one lining fabric 6" x 9" and one 28" piece of fold over elastic.
- **Small size** (child) cut one outer and one lining fabric 5" x 6½" and one 22" piece of fold over elastic.

Note that you might need to adjust the length of the elastic to suit different people but the sizes above are fairly standard.

Sewing

1. Place the lining and outer fabrics right sides together and sew with a ¼" seam allowance on all sides leaving an opening to turn through.
2. Turn through and press also pressing under the seam allowance at the opening.
3. With the outer fabric face up, fold over one long edge from the lining to the outer fabric approx. 1¾" then fold the long edge up again so it makes a pleat and now measures approx. 1¼" deep. Pin and repeat for the other long side. See image below. The depth of the mask should now be approx. 3".



4. Sew on the sides ½" from the edge to sew down the pleats.
5. Fold the mask in half to find the centre on both long edges and mark with a pin.
6. Fold the elastic in half and mark with a pin.
7. Match the centre of the elastic with one of the pins and hold with a wonderclip or pin. See next image.

Face Mask

Using Byannie fold Over elastic.

This easy and quick to make face mask made from cotton fabric and fold over elastic will help to keep you safe from germs but is not intended as an approved a surgical mask.

8. Place one raw edge of the elastic on the centre mark on the opposite side and begin sewing from this mark. See image below.



9. Fold the elastic in half encasing the edge of the fabric and sew close to the edge giving the elastic a slight stretch as you sew. *Helpful Tip. Use a ByAnnie stiletto to hold the elastic in place as you sew to prevent the edge of the elastic curling.*
10. When you get to the end of the mask continue sewing the elastic folding it in half as you sew. This is the part that will go over your ear.



11. Continue sewing the elastic but start to line up the next corner of the mask where the elastic will be sewn to the fabric. Note that your wonderclip or pin is placed in the centre of the elastic so this should give you a guide as to how much "ear" elastic you need to allow. *Sewing Tip. You will find as you give the elastic a slight stretch when you are sewing it you will gain a small amount of elastic as you approach the centre mark. That's ok just take out the clip or pin and keep sewing. You will be overlapping the elastic at the end and this makes up for the elastic you gained at the centre mark.*
12. Continue for the other side as in step #10. When you get back to the beginning of the elastic lap over the end slightly.

Please feel free to copy and share Lynne Wilson